

## ***5-Stand Shooting***

### Introduction

5-Stand is a recreational and competitive activity where participants, using shotguns, attempt to break clay targets mechanically thrown into the air from a variety of angles. There are five stations or “stands” used to shoot targets from a variety of traps. Our 5-stand is set for a level II difficulty. Each station will shoot one single, one report pair, and one true pair in turn with other shooters in the squad.

### Procedures

Participants will be assigned to a squad of shooters and each squad will shoot 25 target rounds in turn. Shooters will shoot from 5 stations on the field taking turns in rotation on each station with the assistance of a shotgun hill trapper. The squad will get one set of show birds at the beginning of the round. No additional show birds should be thrown. All shooters are asked to pick up their spent hulls and discard them in the provided containers.

### Equipment

The RBGC 5-Stand is generally shot with a 12 gauge shotgun. Other gauge shotguns may be used but are a slight handicap because of fewer pellets in the shot load. The shotgun use is most often an auto loader or an over/under double barrel shotgun. Pump action shotguns create a handicap in shoot doubles targets. In addition to a shotgun a shell pouch or vest is needed to keep shells at hand and keep the flow of the match moving smoothly. Safety glasses and hearing protection are required for everyone on the field. 5-Stand is shot with lead target ammo with a shot size between 7 1/2 and 9. Ammunition is allowed a maximum of 1-1/8 oz. shot load with a maximum velocity of 1325 ft./s.

### Getting Started

It is easy to begin shooting 5-Stand with a sporting shotgun that is capable of two shots. New shooters will find that the established shooters are very helpful to explain the procedure and assist in getting into the game. Come watch a match to observe the process and talk to the shooters. For more information contact [shotgun\\_hill\\_shotgunmanager@rbgc.org](mailto:shotgun_hill_shotgunmanager@rbgc.org)